

Human Growth & Development Topics

Kindergarten:

- Showing respect for boys & girls
- Showing love and respect in our families
- Family differences
- Exploring the world with our senses
- Personal safety (good touch vs. bad touch, strangers)
- Making good choices
- Welcoming new life (siblings, adoption)
- Keeping promises

1st grade

- God created males and females
- Signs of God's love
- Appropriate and respectful ways to show love (good touch vs bad touch)
- Using God's gifts
- Respect for others and yourself
- Loving choices
- Showing love and respect in our families
- Qualities of a good friend

2nd grade

- Respect for differences
- Equality of males and females
- Giving and receiving love
- Showing love and respect for others
- Respect for yourself
 - Healthy habits
 - Personal safety
- Choices and consequences
- Expression of feelings
- Qualities of a good friend

3rd grade

- Personal strengths and weaknesses
- Handling feelings
- Healthy expression of affection (modesty)
- Personal safety (strangers)
- Personal actions and there affect on others
- Respect for rules and authority
- Loving choices
- Family life (marriage, pregnancy, adoption, foster care)
- Loyalty & signs of trust
- Consequences of broken trust

4th grade

- Human dignity
- Personal hygiene
- Menstruation (girls only)
- Qualities of a chaste relationship (Being respectful of girls and boys)
- Being responsible
- Rules for living (conscience, fighting temptation, forgiveness)
- Vocations
- Friendship values

5th grade

- Positive qualities of males and females
- Stereotyping and prejudice
- Puberty (boys and girls separately)
- Virtues (chastity, modesty)
- Vocations
- Responsible choices
- Influences of media and popular culture
- Christian marriage

6th Grade

Male and Female Reproductive Systems
(taught in Science)

(Boys and girls taught separately for this
portion)

Sacredness of human life
(abortion, euthanasia, suicide)

Self-respect & temperance

Christian love

(Compassion, self-sacrifice, discipline,
sexual abuse)

Practicing love

(bioethics, natural moral law, adultery,
abstinence)

Accountability for our actions

Honoring birth, illness and death

Love in action

(Beatitudes, our personal mission)

7th Grade

Video series “Sex God’s Gift”
(details to follow soon)