

## **Opportunities:**

There are 2 types of activities offered:

- 1) Individual or group activities that are independent.
- 2) Periodic school led/driven activities.

### **Independent Activities:**

These are service hours that you obtain independent of any supervision or involvement by your religion teacher. You will need to initiate and carry out these service opportunities on your own:

**1) St. Joseph's Emergency Family Shelter:** 1535 11th St., Des Moines, Iowa 515-282-1235 This is a family shelter run by the Catholic Diocese of Des Moines. It is the only homeless shelter in Polk County where an entire family can stay together. They usually average 20 people, many of whom are children.

### **Volunteer Opportunities**

- Make a dinner and deliver to the shelter
- Make a breakfast and deliver to the shelter (frozen egg casseroles, quick breads, muffins, coffee cakes, fruits etc.)
- Have a fundraiser (see below) to purchase or collect items for the shelter

#### **Donations Needed**

- Bus Tokens (available at Dahl's and HyVee: \$12 for 10 tokens)
- Double (flannel) and twin sheets
- Plastic twin & full size mattress covers and plastic pillow protectors
- Full size quilts or bedspreads
- Towels & bath mats
- Phone cards
- Household furnishings: Especially beds, dressers, table and chairs and dressers.
- Dishes, pots, pans, utensils, glasses, silverware
- Diapers & baby wipes
- Children's Tylenol and thermometers
- Children's socks and underwear
- Personal care products (feminine hygiene, shampoo, soap, deodorant, lotion, toothpaste & brushes)
- Adult Tylenol, ibuprofen, antacids, lip balm
- All paper products, toilet paper, paper towels, napkins
- Disposable cups and plates- no styrofoam please
- Bleach and Lysol
- Laundry soap
- Postage
- Food items- sugar, coffee, tea, orange juice, canned goods
- Florescent light bulbs- 100 & 60 watts

**2) St. Mary Family Center:** 1815 Hubbell Avenue, Des Moines

(515)262-7290 The center is also run by Catholic Charities and provides emergency financial assistance, personal care items, baby items (diapers, formula, etc.) and clothing. The large number of dedicated volunteers allow the center to serve over 1,000 families each month. Volunteers prepare food boxes, unload trucks, sort and pick up donations, and serve at the reception desk.

## **Volunteer Opportunities**

-Preparing food boxes

-Unloading trucks

-Sorting donations

-Have a fundraiser (see below) to purchase or collect items for the shelter

### **Donations Needed**

- Diapers, baby wipes
- Infant formula
- Baby food
- Personal hygiene products: soap, shampoo, tooth paste, deodorant, feminine products, etc.

**\*Please Note: All donations must be dropped off when the facility is open.  
Hours are 10:00 a.m. to 3:30 p.m. Mon-Fri.**

**3) Visit a nursing home**, senior care facility, or assisted living and spend time with a resident(s) there. You could take a basket of things with you to do: play bingo or another board game, read aloud to them, put together a puzzle, do arts and crafts, give manicures, play a musical instrument for them, put on a talent show, play cards, sing, take stationery and write a letter for them, buy fleece big enough for a lap blanket; precut it for a tie blanket, and tie it there with the resident and enjoy! This would be a great activity to do in a small group. Be sure to call ahead and make arrangements. Start by asking for the activities director when you call. Here are a few local nursing homes:

**Bishop Drumm Care Center**

**5837 Winwood Drive**

**Johnston, Iowa 50131**

**515-270-1100**

**Deerfield Retirement Community Inc.**

**13731 Hickman Rd**

**Urbandale, IA 50323**

**515-267-0438 (ask for the assisted living or the skilled care unit)**

**The Village at Legacy Point**

**515-987-4100**

**1645 SE Holiday Crest Circle**

**Waukee, IA 50263**

**Fountain West Health Care Center**

**515-223-1223**

**1501 Office Park Rd**

**West Des Moines, IA 50265**

Arbor Springs Of West Des Moines  
515-223-1135  
7951 EP True Parkway  
West Des Moines, IA 50266

**4) The Connection Café :** The Connection Café, 600 6<sup>th</sup> Ave, is a free lunch program established by four of the Downtown Des Moines churches (St. Ambrose, St. Paul, St. John and First United Methodist).

Approximately 200 lunches are supplied from 12:00 to 1:00 p.m. to the homeless and low-income population downtown every Monday, Tuesday, Wednesday, Friday, and Saturday, year-round.

You may volunteer to prepare sandwiches, serve the lunch, or provide the supplies at the Community Center at 7<sup>th</sup> and Grand Avenue. In addition, any and all tax-deductible monetary donations are greatly appreciated. Limit group to 8 or less and must have an adult chaperone. Arrive between 11:30-11:45 to be trained. Call ahead to schedule. Call Rob Hoover 771-1481 or email at [theconnectioncafe@hotmail.com](mailto:theconnectioncafe@hotmail.com).

**5) Kids Against Hunger:** Located at Holmes Automobile on I-80/35 & Hickman Road in Clive from 10 a.m. until 12 p.m. every Saturday.  
ph: (515) 253-3049 [www.kidsagainsthungerdsm.org](http://www.kidsagainsthungerdsm.org)

Every Saturday from 10 am to noon at Holmes Automobile in Clive, Kids Against Hunger™ volunteers devote their time and energy to help bag life-saving food. Kids Against Hunger™ packages a dry rice-soy casserole fortified with 21 essential vitamins and nine minerals, dehydrated vegetables and chicken flavoring. These food bags are sent to hungry children around the world. Go to [www.kidsagainsthungerdsm.org](http://www.kidsagainsthungerdsm.org) to register to volunteer. (Packaging held at the Collision Center).

On the date of your scheduled event, go to the packaging facility at Holmes Automobile in Clive. When you arrive at the facility you will be met by a staff member in the reception area and asked to register. You will then be taken to the packaging area and directed to your workstations. A Kids Against Hunger staff person will explain the packaging process. The simple process is manual, and you don't need to be 'handy' or have any special skills to take part. All the tools and materials you will need will be set up and waiting for you.

## **6) DMARC Food Pantry “Sack Saturday”:**

The DMARC *Emergency Food Pantry* [EFP] serves thousands and thousands of individuals and families seeking nutritious food from one of its neighborhood distributions sites. You can help by spending just a few hours one weekend (on a Saturday) at a grocery store encouraging shoppers to purchase basic food items for the EFP *Red Barrel* located in that store. You and/or your group spends 2-4 hours encouraging shoppers to support the *Emergency Food Pantry*. Through your help, DMARC receives needed food items that will be quickly placed into the hands of those most in need of help.

Contributions made by shoppers at local grocery stores are crucial to helping DMARC fulfill its mission of serving the needy in our community. They seek volunteers who will make this small time commitment (2-4 hours) on a Saturday. DMARC provides the training and tools that will make your efforts successful! Training takes 15 minutes and can be done before you start at a store. You will "feel good" and "make a difference" for local families in need. Contact them today, and see just how easy it is to help. **Contact Person:** Lyrio Read, Administrative Assistant phone: 277-6969 or email [info@dmreligious.org](mailto:info@dmreligious.org)

**7) Central Iowa Shelter and Services (formerly Churches United Shelter)** is located at 205 15<sup>th</sup> Street in Des Moines. It is an overnight shelter that provides an evening meal and overnight sleeping space for 120 people each night. St. Francis has been doing 2 monthly meals at the shelter for many years. The meals are done on the 9<sup>th</sup> and 10<sup>th</sup> of each month. Parishioners organize, cook, buy supplies, and serve this meal for 120. You can help by serving the meal at the shelter. At 5:45 in the South church circle drive, church volunteers begin loading their cars with the food and supplies and transport it all to the shelter. They unload and set up a serving line and serve from 6:30 to 7:30. Contact Michelle Goodman at 453-8323 if you are wanting to help.

**8) Salvation Army Bell Ringing during the holidays:** The Salvation Army - Des Moines Office, 1000 Illinois, Suite A , Des Moines, IA 50304 Tel: 515-282-3599 or go to: [www.ringbells.org](http://www.ringbells.org) (You can register to volunteer at a store of your choice online.)

Each year, The Salvation Army engages in the tradition of "staffing the kettles" at most local stores to promote the plight of the needy in Polk County. This practice is critical to The Salvation Army's causes such as feeding the homeless and those in local shelters, sending children to our local day camp, providing infant care items of diapers, formula, cribs and car seats, providing families utility and rent assistance, and providing gifts and visits to senior citizens confined to nursing homes. The Salvation Army of Polk County assists over 31,000 people annually.

**9) Provide baked goods to a local hospice:** Hospices provide care to those who are in their last days of life. Families spend a great deal of time at the hospice to be near their loved ones during their final days. You can bake and provide homemade cookies, muffins and/or quick breads (lemon, pumpkin, spice, banana, etc.) to the hospice to feed these families. Call before delivering.

Hospice of Central Iowa's Kavanagh House, 900 56th Street, Des Moines, Iowa 50312 (515) 255-0857.

Hospice of Central Iowa's Kavanagh House, 1821 Grand Avenue, West Des Moines, Iowa 50266 (515) 327-1172

Iowa Health's Taylor House Hospice, 3401 East Douglas Avenue, Des Moines, Iowa 50317 (515) 557-3111

**10) Meals-on-Wheels** (515-288-3334) Deliver to Generations Incorporated, 944 18th Street, Des Moines, Iowa. Raise money and use proceeds to make "**Blizzard Bags**". In the event of inclement weather, **Blizzard Bags**, (non-perishable food items such as soup, peanut butter, tuna, pudding, etc.) are given to each Meals on Wheels client. Volunteers donate all items for the **Blizzard Bags** and package in individual bags for delivery. Donations are taken to Generations Incorporated. Go to: <http://www.generationsincorporated.org/PdfFiles/Blizzard%20Bags.pdf> for instructions on how to assemble the **Blizzard Bags** and where to deliver them.

**11) Ronald McDonald House**, 1441 Pleasant Street, Des Moines, IA 50314 Phone: 515-243-2111. The Ronald McDonald House is a "home-away-from-home" for families whose child is being cared for in area hospitals. The House was developed to provide a homelike atmosphere for families facing the stress of medical treatment for their child. Families are able to share their concerns and experiences with others facing similar circumstances. There are many ways you can help the Ronald McDonald House including making brownies or cookies, providing dinner for the families, planting and watering flowers, pulling weeds and raking leaves. Make Thanksgiving decorations for the doors, bring in Valentine cookies, or provide Easter baskets for the families, clean the house, assemble baskets of personal care items, or collect items needed by the house. Go to [www.rmhdsmoines.org/ourHouse.htm](http://www.rmhdsmoines.org/ourHouse.htm) to see a list of needed items.

## **CHARITABLE & NON-PROFIT ORGANIZATION DIRECTORY**

Animal Rescue League of Iowa  
Main Shelter/Administration  
Colleen Buchanan, Humane Educator, MAT  
5452 N.E. 22nd St.  
Des Moines, IA 50313  
Phone: 515/262-9503, ext. 0  
Fax: 515/262-2612  
[colleenbuchanan@msn.com](mailto:colleenbuchanan@msn.com)

Arbor Springs Of West Des Moines  
Sarah Stanisz, Activities Director  
7951 EP True Parkway  
West Des Moines IA 50266  
515-223-1135  
[s.stanisz@arborsprings.org](mailto:s.stanisz@arborsprings.org)

Bishop Drumm Care Center  
5837 Winwood Drive  
Johnston, Iowa 50131  
515-270-1100

Blank Park Zoo  
7401 SW 9<sup>th</sup> Street  
Des Moines, IA 50315  
[info@blankparkzoo.com](mailto:info@blankparkzoo.com)  
Main Office: (515) 323-8383

Broadlawns Medical Center Foundation  
Atten: Shelly Jordan, Director of Fund  
Development  
1801 Hickman Road  
P.O. Box 5008  
Des Moines, Iowa 50305-5008  
515.282. 5755  
Email: [sjordan@broadlawns.org](mailto:sjordan@broadlawns.org)

Catholic Charities  
Atten: Trish Radke, Volunteer Coordinator  
601 Grand Ave.  
Des Moines, IA 50309  
515-237-5078  
[tradke@dmdiocese.org](mailto:tradke@dmdiocese.org)

Central Iowa Shelter and Services  
Jean Brown, Executive Director  
205 15<sup>th</sup> Street  
Des Moines, Iowa 50309  
Ph: (515) 284-5719  
Fax: (515) 883-1692  
[director@centraliowashelter.org](mailto:director@centraliowashelter.org)  
[jeanbrown@qwestoffice.net](mailto:jeanbrown@qwestoffice.net)

Children and Families of Iowa  
Atten. Volunteer Coordinator: Kathryn Brown  
Atten: Mindy Hotovec  
1111 University Ave.  
Des Moines, IA 50314  
(515) 288-1981  
(515) 288-9109  
Call Mindy at 697-7905  
[contactus@cfiowa.org](mailto:contactus@cfiowa.org)  
[kathrynb@cfiowa.org](mailto:kathrynb@cfiowa.org)  
[melindah@cfiowa.org](mailto:melindah@cfiowa.org)

ChildServe  
Kaylene Steele  
Volunteer Coordinator  
5900 Pioneer Parkway  
P.O.Box 707  
Johnston, Iowa 50131  
Tel: 515-331-8139  
Fax: 515-276-0140  
[kaylenes@childserve.org](mailto:kaylenes@childserve.org)

The Connection Café  
Atten: Rob Hoover, Director  
600 6<sup>th</sup> Ave  
Des Moines, Iowa 50309  
[theconnectioncafe@hotmail.com](mailto:theconnectioncafe@hotmail.com)

Deerfield Retirement Community Inc  
13731 Hickman Rd  
Urbandale IA 50323  
Phone:(515)-331-6936  
Fax: (515)331-6955  
Jill Burt, CTRS, Health Center Activity  
Coordinator  
Becky Brdicko, Assisted Living Activity  
Coordinator  
E-mail: [jill.burt@lcrc.net](mailto:jill.burt@lcrc.net)  
[becky.brdicko@lcrc.net](mailto:becky.brdicko@lcrc.net)

DMARC *Emergency Food Pantry* (EFP)  
Marshall Grabau  
Lyrio Read, Administrative Assistant  
3816 - 36th Street #202  
Des Moines, IA 50310  
Phone: 515-277-6969  
Fax: 515-274-8389  
[info@dmreligious.org](mailto:info@dmreligious.org)  
[lread@dmreligious.org](mailto:lread@dmreligious.org)  
[mgrabau@dmreligious.org](mailto:mgrabau@dmreligious.org)

Easter Seals Iowa  
Atten: Katie Marcouiller, Volunteer Coordinator  
401 NE 66<sup>th</sup> Ave.  
Des Moines, Iowa 50313  
Phone: 515-309-9774  
[kmarcouiller@eastersealsia.org](mailto:kmarcouiller@eastersealsia.org)

Food Bank of Iowa  
Karen R. Ford, Executive Director  
2220 E. 17th St.  
Des Moines, IA 50316  
Volunteer Coordinator: Kelly Davydov  
Phone: 515-564-0330  
FAX: 515-564-0331  
[krford@iowalink.com](mailto:krford@iowalink.com)

Fountain West Health Care Center  
1501 Office Park Rd  
West Des Moines IA 50265  
515-223-1223

Hawthorn Hill Ministries/New Directions Shelter  
Tim Shanahan -- Executive Director  
3001 Grand Ave.  
Des Moines, Iowa 50312  
Phone: 515-283-1911  
FAX: 515-283-1214  
[timshanahan@qwest.net](mailto:timshanahan@qwest.net)  
[hawthornhillmini@qwest.net](mailto:hawthornhillmini@qwest.net)

The Heart Connection  
Children's Cancer Programs  
Atten: Mark Slocum, Exec. Director  
Atten: Channon Timm, Community Relations  
Director of Eastern Iowa  
1221 Center Street, Ste. 12  
Des Moines, Iowa 50309-1014  
Phone: 515-243-6239 ext. 4  
Fax: 515-243-5232  
[Channon@childrenscancerprograms.com](mailto:Channon@childrenscancerprograms.com)  
[Mark@ChildrensCancerPrograms.com](mailto:Mark@ChildrensCancerPrograms.com)

Hospice of Central Iowa's Kavanagh House  
900 56th Street  
Des Moines, Iowa 50312  
(515) 255-0857  
[tdale@hospiceofcentraliowa.org](mailto:tdale@hospiceofcentraliowa.org)  
[dburgess@hospiceofcentraliowa.org](mailto:dburgess@hospiceofcentraliowa.org)

Hospice of Central Iowa's Kavanagh House  
1821 Grand Avenue  
West Des Moines, Iowa 50266  
(515) 327-1172  
[tdale@hospiceofcentraliowa.org](mailto:tdale@hospiceofcentraliowa.org)  
[dburgess@hospiceofcentraliowa.org](mailto:dburgess@hospiceofcentraliowa.org)

House of Mercy  
Todd Beveridge, Director  
1409 Clark Street  
Des Moines IA, 50314-1964  
Phone: (515) 643-6500  
Fax: (515) 643-6598  
[tbeveridge@mercydesmoines.org](mailto:tbeveridge@mercydesmoines.org)

Iowa Health Home Care- Taylor House  
Hospice  
Atten: Sara Sullivan and Darcy Howell  
3401 East Douglas Avenue  
Des Moines, Iowa 50317  
(515) 557-3287  
[Howelldl@ihs.org](mailto:Howelldl@ihs.org)  
[Sullivsl@ihs.org](mailto:Sullivsl@ihs.org)

Iowa Health Home Care- Taylor House  
Hospice  
Atten: Sara Sullivan and Darcy Howell  
11333 Aurora Avenue  
Urbandale, Iowa 50322  
(515) 557-3287  
[Howelldl@ihs.org](mailto:Howelldl@ihs.org)  
[Sullivsl@ihs.org](mailto:Sullivsl@ihs.org)

Kids Against Hunger of Des Moines  
Atten: Stephanie Blair  
11206 Hickman Road  
Des Moines, IA 50325  
ph: (515) 253-3149  
fax: (515) 727-1502  
[info@kidsagainsthungerdsm.org](mailto:info@kidsagainsthungerdsm.org)  
[stephb@holmesauto.com](mailto:stephb@holmesauto.com)

Link Associates  
Atten: Volunteer Coordinator, Mandi Parker  
4301 NE 14th Street  
Des Moines, IA 50313  
PHONE 515.262.8888  
FAX 515.262.8655  
[Mandi@linkassociates.org](mailto:Mandi@linkassociates.org)

Living History Farms  
Atten: Volunteer Coordinator, Jan Milroy  
2600 111th St.  
Urbandale, IA 50322  
(515) 645-9818  
[volunteers@lhf.org](mailto:volunteers@lhf.org)  
[jmilroy@lhf.org](mailto:jmilroy@lhf.org)

Lutheran Services in Iowa  
Refugee Cooperative Services  
Michelle Raymer, Community Outreach  
Specialist  
3116 University Ave  
Des Moines, IA 50311  
Phone: 515-271-7364  
Fax: 515-271-7479  
[michelle.raymer@lsiowa.org](mailto:michelle.raymer@lsiowa.org)

Mercy Hospital  
Atten: Laura Wenman, Vice President, Mission  
and Ethics  
1111 6th Avenue  
Des Moines, Iowa 50314  
[LWenman@mercydesmoines.org](mailto:LWenman@mercydesmoines.org)

Polk County Conservation  
Planning and Outreach Coordinator, Pat Spain  
11407 N.W. Jester Park Drive  
Granger, IA 50109-9675  
Phone: 323-5280  
[pspain@co.polk.ia.us](mailto:pspain@co.polk.ia.us)  
[www.leadingyououtdoors.org](http://www.leadingyououtdoors.org)

Raccoon Valley Animal Sanctuary & Rescue  
Atten: Linda R. Blakely, Director  
PO Box 312  
Des Moines, Iowa 50302  
Tele: 515.577.1745  
[paws\\_4\\_fun@msn.com](mailto:paws_4_fun@msn.com)  
website: <http://www.raccoonvalley.com>

Ronald McDonald House Charities of Central Iowa, Inc.  
Tiffany Finch, Volunteer Coordinator  
1441 Pleasant Street  
Des Moines, IA 50314  
Phone: 515.243.2111  
Fax: 515.280.3111  
[tiffany@rmhdesmoines.org](mailto:tiffany@rmhdesmoines.org)

Ruth Harbor  
Mark McDougal, Director  
534 42nd St.  
Des Moines, IA 50312  
Tel: (515) 279-4661  
Fax: (515) 633-2157  
Email: [Info@RuthHarbor.org](mailto:Info@RuthHarbor.org)  
[MarkMcdougal@RuthHarbor.org](mailto:MarkMcdougal@RuthHarbor.org)

The Salvation Army - Des Moines Office  
Atten: Amy DeCastro and/or Arvid Huisman  
1326 – 6<sup>th</sup> Ave.  
Des Moines, IA 50314  
Tel: 515-282-3599  
[Amy-decastro@usc.salvationarmy.org](mailto:Amy-decastro@usc.salvationarmy.org)

Science Center of Iowa  
Atten: Volunteer Coordinator  
401 W. Martin Luther King Jr. Pkwy  
Des Moines, IA 50309  
Phone 515-274-6868, ext. 248  
Fax 515-274-3404  
[info@sciowa.org](mailto:info@sciowa.org)

Special Olympics Iowa  
Atten: Volunteer Coordinator, Rhonda  
Schwarzkopf  
551 Dovetail Road, PO Box 620  
Grimes, IA 50111  
Phone: 515-986-5520  
FAX: 515-986-5530  
[rfellingham@soiowa.org](mailto:rfellingham@soiowa.org) (Rich Fellingham  
President/CEO)  
[rschwarzkopf@soiowa.org](mailto:rschwarzkopf@soiowa.org)

St. Joseph's Emergency Family Shelter  
Patrick Nestvedt, Program Coordinator  
[pnestvedt@dmdiocese.org](mailto:pnestvedt@dmdiocese.org)  
1535 11th St.  
Des Moines, Iowa 50314  
515-282-1235  
[jshelter@dmdiocese.org](mailto:jshelter@dmdiocese.org)

St. Mary Family Center  
Susie Paloma  
[spaloma@dmdiocese.org](mailto:spaloma@dmdiocese.org)  
1815 Hubbell Avenue,  
Des Moines, IA 50316  
515-262-7290  
[stmarys@dmdiocese.org](mailto:stmarys@dmdiocese.org)

St. Vincent DePaul  
Atten: Volunteer Coordinator  
1426-6<sup>th</sup> Ave.  
Des Moines, Iowa 50314  
Phone: 515-288-8328

The Village at Legacy Point  
Atten: Linda Foster, Marketing  
1650 SE Holiday Crest Circle  
Waukee, Iowa 50263  
515-987-4112  
[info@thevillage-legacypointe.com](mailto:info@thevillage-legacypointe.com)  
[lfoster@scchealth.com](mailto:lfoster@scchealth.com)

Wesley Community Services (formerly  
Generations Incorporated)  
944 18th Street  
Des Moines, Iowa 50314  
515- 699.3370  
FAX: (515) 288-4740  
**[jgerman@wesleyservices.org](mailto:jgerman@wesleyservices.org)**

West Des Moines Human Services  
Sue Paterson-Nielsen, Director  
318 5th Street  
West Des Moines, Iowa 50265  
TEL: (515) 222-3660  
FAX: (515) 222-3669  
**[sue.paterson-nielsen@wdm-ia.com](mailto:sue.paterson-nielsen@wdm-ia.com)**

YMCA of Greater Des Moines  
Atten: Jackie Feddersen Matt, Director of  
Development and Marketing  
101 Locust Street  
Des Moines, IA 50309  
Phone: (515) 471-8519  
Fax: (515) 471-8558  
Email: **[jackie.matt@dmymca.org](mailto:jackie.matt@dmymca.org)**  
website: **[www.dmymca.org](http://www.dmymca.org)**

## **School Led Activities**

Your religion teacher will periodically notify you of activities that will qualify for service hours that may be done as a large group. These may take place both on our school campus and away from our school campus.

### **Fundraising**

**You may ask “How can I, as a middle school student, organize a fundraiser?”**

Really, it is simple. First of all, you need to set a realistic goal. Don't expect to raise hundreds of dollars. Twenty dollars can go a long way to help people in need. The main idea is that YOU do the work to raise the money or the donations. If you fundraise with friends, you may raise more money.

All of your proceeds (after expenses) need to be donated to a charitable organization or used to buy something that the charitable organization needs such as items for St. Joe's Shelter or the makings of Blizzard Bags for Meals on Wheels. Be sure to promote your fundraiser by telling people (in your signs, emails, etc.) what organization you are helping. Here are a few ideas:

- Have a lemonade or cookie stand or a bake sale.
- Conduct a drive for mittens, books, cleaning supplies, toiletries, cooking utensils, linens, school supplies etc. Send out a few emails and give people a certain day to leave donations on their front porch where you will pick them up.
- Have a pop can drive and communicate using e-mail as suggested above.

- Make something and sell it such as fleece tie blankets, layered cookie mixes in a jar, Christmas ornaments, bagged or jarred snack mixes, rosaries, greeting cards, scarves, magnets, etc.
- Organize a spelling bee, read-a-thon, walk-a-thon, math quiz bowl etc. where your participants take pledges.
- Host a “Board Game Night”, “Bingo Night” or “Card Party Night” where invitees pay a set amount to come over to play games for the evening. Have snacks too!
- Throw a “birthday party” where invitees bring items needed to host a birthday party such as wrapping paper, cake mixes, birthday candles, unused birthday cards, balloons, streamers, etc. and give the donations to a charitable organization. You could also do this to collect supplies for other holidays and events such as Easter, Christmas, a baby shower, back-to-school night, etc.
- Host a talent show or musical concert with your friends and charge a small admission.
- Give manicures or pedicures to friends and families and charge a small price.
- Offer to rake, mow, weed, shovel etc. for a small fee.
- Host a backyard free-throw contest, baseball pitching competition, putting contest, etc., and charge a small fee for entrants participation.
- Make homemade treats such as cookies, bars, snack mixes etc. Put them in a shoebox and prepackage them to mail to college students. Sell them to friends and families with college students...be sure to take pre-orders!
- Have a car wash in your driveway...advertise by email, flyers, and good, large signs.

Go to [www.thevolunteerfamily.org](http://www.thevolunteerfamily.org) for lots of other great ideas about volunteering and fundraising ideas.

## **Record Keeping**

You will be responsible for keeping track of your service hours. You will need to fill out the Service Log and turn it into your religion teacher one week after you have complete your service. You will need to fill out one service form per activity.

Your service hours need to be verified by a responsible adult **who is NOT a family member**. If you have done fundraising, have a person at the charity where you donate your goods or proceeds sign your log even for the hours you spent in the fundraising.

**You will need to complete ½ of the required hours by the time you leave for Christmas break.**

Any above- listed activity will not need pre-approval. If you wish to obtain service hours through participation in an activity that is not listed above, pre-approval must be obtained from your religion teacher BEFORE you undertake the activity. You will need to fill out the form: **“Proposal for Pre-approval of Service Hours”** and turn it in to your religion teacher. You will likely not get it back the same day, so you need to plan ahead. Please note: Service to your own home (such as washing dishes, making beds, etc.) or family (such as babysitting) or within our church will not receive approval.

**Take photos** of your work/participation so that we can do a compilation of St. Francis Middle School “GOOD WORKS” at the end of the each semester.

Enjoy your service work and know that **YOU** can be the change you wish to see in the world!