

BIRTHDAYS/TREATS

Non-food items are encouraged for birthdays or other activities. Instead of food, a family may choose to participate in the Birthday Book Club. This involves donating a book to the classroom library or to Media Center in the name of the student having the birthday. Students may also bring pencils, stickers, and other non-food items instead of a snack for their birthday. This is in the accordance with the Healthy Kids Act established by the Iowa Legislature to promote a healthy lifestyle for students. **If a child does bring candy to school for their birthday treat, it will be sent home and an alternative healthy snack will be distributed from the school nutrition office and charged to the student's lunch account.**