



## CATHOLIC CHARITIES PROGRAMS

**Counseling Services:** Provides individuals and families a supportive relationship that reduces anxiety and facilitates more objective thinking and choices. (Des Moines 515.244.3761; Council Bluffs 712.328.3086)

**Emergency Financial Assistance:** Individuals and families in financial crisis are screened and assisted through St. Mary Family Center in Des Moines (515.262.7800) or Catholic Charities administrative office in Council Bluffs (712.328.3086). Usual assistance goes towards rent, energy bills, rental deposits, etc.

**Hispanic Community Outreach:** Facilitates full participation of newcomer immigrants and Hispanic/Latino families in their communities through advocacy, direct service and support of community initiatives. Along with bi-lingual counseling, Catholic Charities hosts a staff position for the statewide Immigrant Rights Network and the Outreach Promotora. (Program Director Kirk Martin 515.237.5068)

**Phoenix House Domestic Violence Shelter:** Located in Council Bluffs, the Phoenix House provides a confidential shelter, legal advocacy, responds to rape and sexual abuse victims in the community and provides outreach to surrounding rural communities. (Council Bluffs 800.612.0266 or 712.328.0266)

**Pregnancy Counseling and Adoption Service:** Provides birth families and adoptive families with emotional and social support services, and assists them with planning, decision-making, legal procedures and foster care of infants awaiting adoption. Our staff also completes adoption searches. (Pregnancy Help Line 800.227.3002; Des Moines office staff 515.237.5030)

**Refugee Cooperative Ministry:** Provides newly arriving refugees with intensive support services needed to achieve basic self-sufficiency as contributing members of the community, including housing, employment and educational placement. (515.277.3002)

**St. Joseph Emergency Family Shelter:** Provides homeless families with temporary, safe and dignified living environment and assists families as they seek housing and other resources needed for permanent stability. St. Joe's is the only shelter in Des Moines that keeps the family unit together. (515.282.1235; located at 1535 11<sup>th</sup> Street, Des Moines)

**St. Mary Family Center:** The largest food pantry in the city, St. Mary's assists people needing emergency assistance of food, clothing, or finances in a social and physical environment that is respectful to people enduring severe anxiety and stress. (515.262.7290; located at 1815 Hubbell Ave. Des Moines)

## EFFECTIVENESS

2003-2004

- St. Joseph Shelter served 67 families, 259 men, women & children
- St. Mary Family Center served 16,146 families
- Des Moines Financial Assistance served 268 families
- Council Bluffs Financial Assistance served 104 families
- Des Moines Counseling served 353 families
- Hispanic Counseling served 81 families
- Council Bluffs Counseling served 84 families
- Adoption served 103 families
- Phoenix House served 131 women and 117 children
- Domestic Violence/Sexual Abuse Program served 1067 individuals
- Refugee Cooperative Ministry resettled 151 people