

Salad Menu for September & October & November

Monday

Fruit Parfait Salad

Fruit Parfait Salad
(Yogurt/Fruit/Grape Nuts)
Hard Boiled Egg on a small bed of Mixed Greens
Animal Crackers

Tuesday

Chicken Oriental Salad

Mixed Greens
Chicken Nuggets, Shredded Cheese
Mandarin Oranges, Chow Mein Noodles
Fruit of the Day
Wheatsworth Crackers

Wednesday

Taco Salad

Shredded Lettuce
Taco Meat, Shredded Cheese
Tomatoes, Salsa
Tortilla Chips
Fruit of the Day

Thursday

Chicken Salad

Chicken Salad
(Chicken, Grapes, Celery w/mayo)
Mixed Greens, Grape Tomatoes, Cucumber
Fruit of the Day
Dinner Roll

Friday

Chef's Spinach Salad

Spinach
Ham, Hard Boiled Egg
Grape Tomatoes, Cucumber and Peas
Fruit of the Day
Pita Chips