

# St. Francis of Assisi School Lunch Menu

## September 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b><u>Sandwich this wk:</u></b> Ham &amp; Cheese</p> <p>Try our baked potato on Thursday – served with sour cream and cheddar cheese</p>	6 NO SCHOOL	7 <b>Baked Potato Ham Slices</b> Broccoli w/cheese sauce Biscuit	8 <b>Chicken Nuggets (5) (7)</b> California Blend Veggies Mandarin Oranges Oatmeal Cookie	9 <b>Meatball Sub</b> Baby Carrots & Dip Apple Lay’s Baked Chips	10 <b>Pork Rib Sandwich</b> Coleslaw Watermelon September Birthday Cake	Choice of skim, 1% or chocolate skim milk is offered w/ lunch
<p><b><u>Sandwich this wk:</u></b> Tuna Salad</p> <p>The Baked Chicken Breast on Tuesday is YUMMY! Give it a try!</p>	13 <b>Grilled Cheese Sandwich</b> Assorted potatoes Salad Bar Peas Pear	14 <b>Baked Breaded Chicken Breast</b> Pasta Salad Strawberries Green Beans	15 <b>Spaghetti with Meat Sauce</b> Spinach Salad Honeydew Melon Garlic Breadstick	16 <b>Bagel &amp; Cream Cheese</b> Yogurt String Cheese Grapes 100% Fruit Juice	17 NO SCHOOL	<b>Lunch Shifts:</b> Grades 3-5 11:15am – 11:40am Grades K-2 11:45am- 12:10pm Grades 6-8 12:15pm- 12:40pm
<p><b><u>Sandwich this wk:</u></b> Turkey &amp; Cheese</p>	20 <b>Chicken Patty Sandwich</b> Mixed Veggies Cranberry Sauce Cheez-its	21 <b>Mozzarella Cheese Sticks w/ Marinara Sauce (5) (7)</b> Mixed Lettuce Salad Orange Wedges	22 <b>Hot Dog</b> Corn Cinnamon Applesauce Cup Soft Pretzel	23 <b>Chicken Crisпитos</b> Spanish Rice Peach Pepper Slices	24 <b>French Toast Sticks (3) (5)</b> Yogurt Parfait Hash browns Orange Juice	<b>School Lunch Prices:</b> Student: \$2.50 Visitor: \$3.50 <b>Milk only: .40</b> Extra entrée: \$1.25 <b>Extra entrée (6-8) \$1.50</b>
<p><b><u>Sandwich this wk:</u></b> Turkey, Ham &amp; Cheese</p>	27 <b>Mandarin Orange Chicken</b> Brown Rice Oriental Veggies Pineapple Tidbits	28 <b>Chicken Noodle Soup</b> Celery Sticks Cantaloupe Cinnamon Roll	29 <b>Walking Taco</b> Shredded Lettuce & Tomato Cucumber Slices Refried Beans	30 <b>Homemade Macaroni &amp; Cheese</b> Broccoli & Dip Banana Dinner Roll	1 <b>Cheese Omelet</b> English Muffin Blueberries 100% Fruit Juice	A la carte items will be offered to middle school students after meal service is completed if student has a positive balance. All items are .75 (Propel is \$1).

Menu subject to change without notice

This institution is an equal opportunity provider